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WELCOME

On behalf of the Department of Athletics at Norwich University, I would like to congratulate you on being selected as a member of our sports program and to welcome you into the Norwich family of Intercollegiate Athletics. We take great pride in the high quality of the Norwich Athletic Department and we are excited about the part you will play in making our athletic program a success.

The Athletic Department staff is here to assist you in achieving your desired goals as a student, an athlete and as a person. We sincerely hope that we will provide you with the opportunity and the means for a rewarding experience that will help enrich your life.

Your primary purpose for being at Norwich is to receive a quality education. We expect you to work hard, study diligently and give your utmost to achieve your full potential. As a student-athlete at Norwich, you have the serious responsibility of assuming a leadership role as a member of one of our athletic teams. Because of your high visibility as an athlete, you are expected to uphold our University’s guiding values of integrity and honesty and exhibit sportsmanship, self-discipline and personal responsibility.

Please feel free to contact me, or any of the Athletic Staff if you need help or assistance at anytime during the year. Again welcome to Norwich Athletics.

Anthony A. Mariano
Director of Athletics
PURPOSE OF THE STUDENT-ATHLETE HANDBOOK

This handbook is designed to provide members of our intercollegiate athletic and club teams at Norwich University with an immediate source of information regarding the University’s, the NCAA’s and in particular the Department of Athletics policies, guidelines, regulations and operating procedures. This handbook is not intended to be a complete source of information but rather a quick overview that will cover the essentials to assist you in getting started in your student-athlete experience at Norwich. Please refer to your Student Handbook and the University’s Academic Regulations for further information.

CONFERENCE AFFILIATION

There are 20 intercollegiate varsity sports programs, and one junior varsity sports program under the direction of the Department of Athletics. Many of these programs are associated with conferences in the northeast as well as nationally. Norwich University’s affiliations are listed below.

NATIONAL COLLEGIATE ATHLETIC ASSOCIATION (NCAA)

The NCAA is a national organization designed to maintain intercollegiate athletics as an integral part of the educational process and the student-athlete as an integral part of the student body. The NCAA policies include issues of admissions, financial aid, eligibility and recruiting.

EASTERN COLLEGIATE ATHLETIC CONFERENCE

The ECAC, a conference of conferences, is the nation’s largest collegiate athletic conference. It manages 111 championships in 35 men’s and women’s sports for its members.

GREAT NORTHEAST ATHLETIC CONFERENCE

The GNAC is a men’s and women’s athletic conference made up of the following institutions: Albertus Magnus College, Emerson College, Emmanuel College, Johnson and Wales University, Lasell College, Mount Ida College, Norwich University, Pine Manor College, Rivier College, Simmons College, St. Joseph
College, CT., St. Joseph College, ME, Suffolk University. Championship sports for men sponsored by the GNAC: cross country, soccer, basketball, baseball and tennis. Championship sports for women sponsored by the GNAC: cross country, soccer, basketball, lacrosse, swimming, and softball.

EMPIRE-EIGHT FOOTBALL CONFERENCE (E-8)

The Empire-Eight Football Conference is a NCAA Division III football conference in the Northeast. The E-8 is made up of the following universities: Alfred University, Hartwick College, Ithaca College, Norwich University, St. John Fisher College, Springfield College and Utica College.

OTHER CONFERENCE AFFILIATIONS

ECAC East Ice Hockey League for Men and Women
Pilgrim Lacrosse League
New England Collegiate Conference Wrestling Association
New England Rugby Football Union

INTERCOLLEGIATE SPORT OFFERINGS AT NORWICH

<table>
<thead>
<tr>
<th>FALL</th>
<th>WINTER</th>
<th>SPRING</th>
</tr>
</thead>
<tbody>
<tr>
<td>Football</td>
<td>M-Basketball</td>
<td>Baseball</td>
</tr>
<tr>
<td>M-Soccer</td>
<td>W-Basketball</td>
<td>Softball</td>
</tr>
<tr>
<td>W-Soccer</td>
<td>M-Ice Hockey</td>
<td>M-Lacrosse</td>
</tr>
<tr>
<td>M-Cross Country</td>
<td>W-Ice Hockey</td>
<td>W-Lacrosse</td>
</tr>
<tr>
<td>W-Cross Country</td>
<td>M-Swimming</td>
<td>M-Tennis</td>
</tr>
<tr>
<td>JV Football</td>
<td>W-Swimming</td>
<td></td>
</tr>
<tr>
<td>M-Rugby</td>
<td>Wrestling</td>
<td></td>
</tr>
<tr>
<td>W-Rugby</td>
<td></td>
<td></td>
</tr>
<tr>
<td>W-Volleyball</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
ATHLETIC VISION, MISSION AND VALUE STATEMENT

VISION

The Department of Athletics’ Vision is to create and support an environment where student-athletes can achieve athletic success at the University, Regional, and National levels while maintaining a high degree of academic achievement. It is also our goal to nurture loyalty among our graduates through their experiences in athletics.

MISSION

The Norwich University Athletic Department’s mission is to provide well-rounded and competitive athletic programs as integral parts of the educational process of the University. We offer equal opportunities for male and female student-athletes to participate in a wide variety of intercollegiate sports and we adhere to the NCAA Division III rules and philosophy. We monitor the academic progress of our student-athletes and support them in their quest to achieve academic success at the University. We provide services and activities to promote positive health and well-being of all our student athletes and administer our athletic programs in a way that contributes to the personal development of our student-athletes through the whole-person concept by fostering the growth of fair play and sportsmanship, leadership, self-discipline, personal integrity and social responsibility.

VALUE

In fulfilling our mission, the Department of Athletics will provide a rewarding experience to our student-athletes in a professional and enjoyable environment by displaying respect, integrity and the highest level of ethical standards.
STUDENT-ATHLETE ADVISORY COUNCIL (SAAC)

ROLL

The roll of the SAAC is to serve as a liaison between the student-athlete and the Athletic Department. This group will advise the Athletic Director and the University Wide Standing Committee on Athletics regarding matters concerning intercollegiate athletic programs offered at the University. Any student-athlete may submit a petition to the SAAC, which will be placed on the monthly meeting agenda for discussion.

MEMBERSHIP

The SAAC is comprised of 20 student-athletes who represent each of our athletic teams for that school year. There is also 1 representative from our student-trainers association and each club team. Appointments to the SAAC are for one year and individuals can be re-elected until they graduate. Leadership of the SAAC will consist of a Chairperson, Vice Chairperson and a Secretary. These are elected one-year positions, which are renewable.

ATHLETIC AWARDS

NUMERALS

Numerals, or class-year numbers, are awarded to freshman athletes (first time varsity or junior varsity participants), who have successfully completed a sports season. Only one set of numerals will be awarded to an athlete.

LETTERS

Varsity letters, “N”, are authorized for wear by students and are awarded to those student-athletes who meet the requirements listed below. The Norwich “N” will only be awarded the first time that an athlete qualifies for a letter in a particular sport.
Requirements
1. Hockey, basketball, soccer, lacrosse, baseball softball, rugby, tennis, volleyball and wrestling: participation in 60% of the periods, quarters, events or innings played during the season.
2. Football: based on total plays played during the season and participation.
3. Swimming: based on total points scored during the season.
4. Cross Country: participation in 80% of the races and finish in the top 10 on the team.
5. An award can be given to a specialist upon approval of the Director of Athletics, ie…field goal kicker, goalie.

PINS

Pins are awarded to student-athletes each season they letter in a sport.
(4 total)

WATCH

A watch is awarded to those senior student-athletes who have completed at least three years of participation in a particular sport and have lettered twice (the second time being their senior year). Athletes are given only one watch.

PLAQUE

A plaque is awarded to student-athletes who letter in two or more sports and those who qualify for a second senior watch. The plaque replaces a second watch.

THE GARRITY AWARD

The Garrity Award (named after Joseph Garrity, a 1927 graduate of Norwich University and former Coach and Athletic Director), will be presented at the Spring Awards Ceremony to a military senior student-athlete who distinguishes himself/herself athletically, academically and has displayed leadership in the Corps of Cadets. Members of the Athletic Staff select the recipient of this award.
THE ROY LOOKE AWARD

This award, named in honor of Roy Looke, a long-time supporter of Norwich Athletics, is presented at the Spring Awards Ceremony to a Civilian senior student-athlete who has distinguished himself/herself athletically, academically and has displayed leadership in civilian student life. Members of the Athletic Staff select the recipient of this award.

THE JOE SABOL AWARD

This award, chosen by the Athletic Coaching Staff, is presented to the most outstanding Male Athlete of the year.

THE JOAN MUSSMACHER AWARD

This award, chosen by the Athletic Coaching Staff, is presented to the most outstanding Female Athlete of the year.

** All student-athletes eligible for an award must finish the season with their perspective team to qualify.
** Medical exceptions can be made by the Director of Athletics.
** All team managers who are not on work-study are eligible for all athletic awards.
** Members of the athletic department select all award winners.

CAPTAINS

The captain or co-captains of a team shall be selected by team members and or the coaching staff and are responsible for the leadership of that team on and off the field. Captain(s) may be removed for just cause by the head coach with the approval of the Director of Athletics.
STUDENT-ATHLETE RESPONSIBILITIES

General Statement

The Athletic Department at Norwich University expects the actions of its student-athletes, both on and off the playing field, to reflect the positive values and traditions of excellence fostered by the University. You are expected to exemplify the standards of self-discipline, personal integrity and social responsibility, the principles upon which the University was founded, that will bring honor to yourself, your team and your University.

Dress Code

Your personal behavior and appearance are a direct reflection on you, the Athletic Department and the University. Therefore, it is important that you look respectable when representing Norwich University at all home or away events. Any student-athlete who participates in intercollegiate athletics or club sports at the University will be REQUIRED to wear the following at all away athletic events: men will wear a sport coat, dress shirt, dress pants, a tie and dress shoes and women will wear a dress or a skirt, dress pants and a dress shirt or blouse and dress shoes. You must assume the ultimate responsibility for your overall appearance.

Hair Cut/Facial Hair Policy

All student-athletes will conform to the Athletic Department’s policy on hair length and facial hair. All male student-athletes will maintain their hair at a length not to exceed the collar of a dress shirt. The only facial hair that is acceptable is a moustache. Long sideburns or beards of any kind are not acceptable. Student-athletes who do not conform to this policy will not be eligible to participate.
Hazing

Hazing is defined as harassment of an individual or group by the imposition of unreasonable disciplinary action or personal requirements where by and individual or group may suffer any cruelty, injury, humiliation or deprivation of a right or privilege. Some examples of hazing are: forcing students to drink alcohol, forcing students to eat certain foods that could make them ill, shaving the hair off of student’s heads or body parts, forcing students to parade naked, forcing students to sing songs, and forcing students to clean up the bus. Teams at every level have had initiation rites that welcome new members onto that particular team. Many of these initiations are considered hazing, especially when students are asked to do things that they don’t what to do. Norwich University’s stance on hazing is very specific. Anyone who is found guilty of any form of hazing will be immediately suspended from their team. If a majority or all of the team members are involved, that team’s season may be suspended or cancelled. It is imperative that you, as a student-athlete at Norwich University conduct yourself with dignity, honesty and with the highest moral values and in the best interest of the University. Norwich will not tolerate any form of hazing or unethical conduct by any of its student-athletes.

POLICY ON SEXUAL ASSAULT & SEXUAL MISCONDUCT (in part)
www.norwich.edu/policy/sexualassault

Norwich University is committed to creating and maintaining a community in which all persons who participate in University programs and activities can work together in an atmosphere free of all forms of harassment, assault, exploitation, or intimidation, including that which is sexual in nature. Every member of the University community should be aware that the University does not tolerate sexual assault or sexual misconduct.

Norwich University Definition of Sexual Assault: Any sexual act forced on another person without his or her consent is considered sexual assault. Sexual assault may include a sexual act carried out under coercion, with the threat of force, or by using or employing a weapon, through a position of authority, or when the victim/survivor is mentally handicapped or physically helpless including by reason of drug or alcohol consumption, sleep, or unconsciousness.
Norwich University Definition of Sexual Misconduct: Sexual Misconduct includes ANY uninvited or unwelcome sexual touching or sexual contact that is not included in Norwich University’s definition of sexual assault. This includes physical contact with a person’s genital area, other bodily orifices or with a person’s buttocks or breasts if the sexual contact or sexual touching is done without the person’s consent. Sexual misconduct may include sexual contact carried out under coercion, with the threat of force, or by using or employing a weapon, through a position of authority, or when the victim/survivor is mentally handicapped or physically helpless including by reason of drug or alcohol consumption, sleep, or unconsciousness.

Norwich University Definition of a Sexual Act: A sexual act is conduct between persons consisting of contact between the penis and the vulva, the penis and the anus, the mouth and the penis, the mouth and the vulva, or any intrusion, however slight, by any part of a person’s body or any object into the genital or anal opening of another.

Norwich University Definition of Consent: Consent for sexual activity is clear indication, either through verbal or physical actions, that parties are willing and active participants in the sexual activity. Such authorization must be free of force, threat, intimidation, or coercion, and must be given actively and knowingly in a state of mind that is conscious and rational and not compromised by alcohol or drug incapacitation.

Conduct may be considered sexual assault and/or sexual misconduct even if:
- the respondent is someone known by the complainant
- the assault and/or sexual misconduct happens on a date
- either or both individuals have engaged in sexual touching and kissing prior to the assault or misconduct
- either or both individuals have engaged in consensual sexual activity in the past
- either or both individuals are under the influence of alcohol or other drugs
- there was no weapon involved
- there was no evidence of a struggle or resistance
- there were no other witnesses.
IMMEDIATE RESPONSES TO SEXUAL ASSAULT AND/OR MISCONDUCT

The University recognizes that any decision to report a sexual assault and/or sexual misconduct to the police is the right of the victim/complainant. However, once an incident or complaint of sexual assault and/or sexual misconduct is reported to the Equal Opportunity Coordinator he or she will inform the victim/complainant of the options of criminal prosecution, medical assistance, and use of this policy to file a complaint or report a sexual assault and/or sexual misconduct. The Coordinator will assist the victim/complainant with these contacts if requested. In addition, confidential counseling, support services, academic assistance, future security and alternative housing (for students) can be coordinated as appropriate through the Coordinator.

<table>
<thead>
<tr>
<th>Victims/complainants of a sexual assault should go immediately to a hospital emergency room for medical attention and a sexual assault exam. The victim/complainant:</th>
</tr>
</thead>
<tbody>
<tr>
<td>● should not bathe or douche,</td>
</tr>
<tr>
<td>● should not urinate,</td>
</tr>
<tr>
<td>● should not drink any liquids,</td>
</tr>
<tr>
<td>● if oral contact has occurred, the victim/survivor should not smoke, eat or brush teeth, and</td>
</tr>
<tr>
<td>● if clothes are changed, soiled clothes should be placed in a paper bag (plastic destroys crucial evidence).</td>
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</tbody>
</table>

Campus Security will assist victims/complainants with transportation arrangements or assistance or with contacting local police upon request. Medical attention is crucial to assess possible internal injuries or sexually transmitted diseases, as well as to collect medical evidence should the victim/complainant choose to pursue prosecution. The sooner a sexual assault is reported, the easier it is to collect valuable evidence. **The collection of evidence by hospital personnel and its storage by the police does not mean the victim/complainant has to pursue criminal charges.**
NON-DISCRIMINATION POLICY (in part)
www.norwich.edu/policy/discrimination

Norwich University and federal or state law prohibit discrimination or harassment on the basis of gender, race, ethnicity, national origin, color, religion, disability, sexual orientation, age or veteran's status (hereinafter “protected characteristics”). This means that no individual may be excluded from participation in, be denied the benefits of or otherwise be subjected to discrimination in any NU program or activity on the basis of a protected characteristic. The University seeks to protect and preserve the dignity and integrity of all of its members; therefore, discriminatory behavior in such forms as epithets, crude gestures, threats or offensive pictures, is unacceptable under any circumstances and will not be tolerated. An individual who engages in behavior that is determined to be a violation of this policy shall be subject to appropriate disciplinary action.

Discrimination generally may take either of two forms:
1. Differential treatment of an individual that is based on a protected characteristic and that interferes with or limits the ability of that individual to participate in or benefit from a University program or activity.
2. Harassment of an individual based on a protected characteristic, which has the purpose or effect of substantially interfering with a student’s or employee’s educational or work performance or creating an intimidating, hostile, or offensive environment. Conduct is examined to determine whether it was persistent, pervasive, or severe, based on a “reasonable person” standard.

Sexual harassment is a form of discrimination on the basis of gender or sexual orientation. Both men and women may be victims of sexual harassment by persons of the same or opposite gender. Sexual harassment may be described as unwelcome sexual advances, requests for sexual favors, or other verbal or physical conduct of a sexual nature toward any student, faculty member or other employee when:
(1) Submission to such conduct is made explicitly or implicitly a term or condition of a person's employment or academic advancement.
(2) Submission to or rejection of such conduct by an individual is used as the basis for employment decisions or academic decisions affecting the person;
(3) Such conduct has the purpose or effect of unreasonably interfering with a person's work or academic performance or creating an intimidating, hostile or offensive working or academic environment.

EXAMPLES OF SEXUAL HARASSMENT:
Sexual harassment may range from sexual innuendo, even in the guise of humor, to coerced sexual relations. Harassment is judged on the basis of conduct and its effects on the recipient, not the intentions of the harasser. Conduct is examined to determine whether the victim "welcomed" the behavior or activity, not whether the victim "consented" to the acts. It may include, but is not limited to:
• having social events focusing on men's or women's sexuality, such as wet T-shirt contests,
• unwelcome sexual jokes, comments or inquiries,
• soliciting sexual favors in exchange for some type of academic or employment benefit,
• subtle pressure for sexual activity,
• using unwelcome nicknames with sexual connotations such as baby, babe, ho, hunk, etc.
• nude or seminude posters, photos, cartoons, or graffiti in the workplace or public place (student rooms in certain circumstances are considered public space) that are demeaning or offensive and when not used in connection with an academic program or class,
• repeated "accidental" physical contact,
• demanding sexual attention with implied threats or rewards,
• explicit offers of money for sexual attention,
• threats for failing to submit to sexual pressure,
• physical assault, including sexual assault or rape (covered under the separate Norwich University Policy on Sexual Assault & Sexual Misconduct).
STUDENT CONSENSUAL RELATIONS
Where there is a power differential between the persons involved in the consensual romantic or sexual relationship there is the potential for sexual harassment. Students in leadership roles need to be cognizant that consenting romantic and sexual relationships between supervisor and subordinate while not expressly forbidden (See the Student Rules and Regulations “Personal Relationships” section for exceptions), are discouraged. If a charge of sexual harassment is subsequently filed, it will be difficult to defend on grounds of mutual consent.

FOR MORE INFORMATION:
For information, counseling, or to file a complaint of sexual assault or sexual misconduct, discrimination or harassment on the basis of gender, race, ethnicity, color, national origin, religious beliefs, disability, sexual orientation, age, or veteran's status, contact the Equal Opportunity Coordinator at 485-2144 or kpelleti@norwich.edu.

GRIEVANCE PROCEDURES
The Athletic Department at Norwich is committed to a procedure, which ensures that all student-athletes are afforded the opportunity to appeal and resolve grievances. If you feel you have been treated unfairly, you should first talk over your concern with the Team Captain (s) and solicit their advice and support. Should this avenue of dealing with the Captain (s) prove to be inappropriate or unsuccessful, you should make every effort to communicate your feelings to the Coach with the expectations of resolving the problem. If you feel there still remains an unsatisfactory resolution to the problem after dealing with the Coach, you may appeal to the Director of Athletics or his assistant. If after presenting your complaint to the Director of Athletics and an impasse is reached, a final appeal may be made to the Vice President for Student Affairs/Commandant.
ACADEMICS

General Statement

As a student-athlete, the primary purpose for attending Norwich University is to obtain a quality education. You must take direct responsibility for this goal. The Athletic Department at Norwich will assist you in achieving your academic goals and help with any problems you may encounter. If you should have any academic questions or difficulties, please advise your coach and academic advisor of these issues as soon as possible.

Academic Monitoring System

The Athletic Department at Norwich has instituted an academic monitoring system which tracks our student-athletes progress throughout the school year. All team members who have a GPA below 2.00 will be monitored on a weekly basis. You will need to fill out academic schedules and a weekly academic report for your coach. Your coach will be in contact with your professors during the school to check on your progress. If you fail to meet the requirements of this monitoring system, you may be removed from the team.

Academic Standing

To be eligible to represent Norwich University in intercollegiate athletic competition, a student-athlete must be enrolled in at least a minimum full-time program of studies (12 credits or more), be in good academic standing and maintain satisfactory progress toward a baccalaureate or equivalent degree. The Athletic department will monitor your academic eligibility throughout the school year. If you drop below 12 credits or are not in good academic standing (on academic notice/restriction), or are not making satisfactory progress, you will be dropped from your team’s roster immediately. Listed below is the CRITERIA FOR ACADEMIC PROGRESS chart. This chart is for Baccalaureate Degree Programs. To be eligible to enroll in good standing, the student in the degree credit range in column (1) must have a grade point average of not less than that in column (2).
The greater of Degree Credits Attempted or Degree Credits Earned (Including transfer credits) Minimum Accumulative Grade Point Average Required for Enrollment in Good Standing

<table>
<thead>
<tr>
<th>Credits</th>
<th>Grade Average</th>
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</thead>
<tbody>
<tr>
<td>0-17</td>
<td>1.60</td>
</tr>
<tr>
<td>18-34</td>
<td>1.80</td>
</tr>
<tr>
<td>35 +</td>
<td>2.00</td>
</tr>
</tbody>
</table>

Academic Probation---A student who fails to earn the accumulative grade point average required for good standing at the end of a semester is eligible to enroll for the following semester on Academic probation.

Dismissal for Academic Deficiency---A student who fails to achieve the accumulative grade point average required for enrollment in good standing will be dismissed after two semesters on probation unless the student 1) earns a semester GPA of 2.0 or above in the second semester or 2) returns to good standing. Students who attain good standing after being on probation will restart the procedure above if they return to probationary status.

Students who have been readmitted after dismissal for academic deficiency with the special condition of signing a mentoring contract with the Learning Support Center will be dismissed at the end of one semester unless they obtain a semester GPA of 2.0 or above. Students earning a GPA of 2.0 or above will remain enrolled with the original conditions in place until they obtain good standing as long as they continue to earn semester GPA’s of 2.0 or above, provided they comply with the conditions of their enrollment.

(Degree credits are all credits exclusive of those in non-curricular ROTC and PCPP courses and courses numbered below 100.)
CLASS ATTENDANCE

Students are expected to attend punctually all scheduled classes and laboratory sections and are responsible for handing in all required work on time. Faculty will begin taking attendance on the first class meeting of each semester. Instructors will, in conjunction with students, schedule make-up exams or make-up labs, or other appropriate work in lieu thereof, for students with excused absences.

The following will be considered excused absences according to the guidelines issued by the Office of the Provost, which is the authority on academic policy: documented debilitating illness, emergency leave, as approved by the Commandant or Dean of Students, single-day course field trips, military obligations for students contracted for commissions in the U.S. military and other military obligations beyond the student’s control, varsity athletic contests, regimental band appearances. For these types of excused absences, an official of the university must submit a request, at least 72 hours in advance, to the Registrar for detached service. The student is required to notify his or her instructors at least 48 hours in advance. Instructors may deny an excused absence for these events for a student currently achieving a “D” or “F” in their course if the instructor believes that additional absences are a serious detriment to the student. Instructors must promptly notify the coach or appropriate official of their denial. Unexcused absences are all absences not included in the paragraph above.

Instructors may assign a grade of “F” to students whose total absences, excused or unexcused, equals or exceeds 15% of the class meetings, if this policy is stated on the syllabus. Should an athletic team go to post-season play, only those students with passing grades at that time will be authorized to be excused above the 15% limit. Instructors are responsible for clearly stating the course attendance policy on the syllabus at the beginning of the course. Unless stated otherwise, the maximum number of permitted absences is the number of times the course meets per week. When the student has reached the maximum number of permitted absences, the instructor will warn the student of impending dismissal for class with a grade of “F”. This warning letter will include the course number, section and date(s) of absence(s). The letter will state that any future unexcused absences may result in recommendation to the Registrar through the course Division Head that the student be dismissed from the class with a grade of “F”. 

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A copy of the warning letter will go to the student’s academic advisor and to the Commandant and Vice President of Student Affairs. Receipt of two grades of “F” for excessive absences during any one semester is cause for immediate separation from the university.

NCAA ELIGIBILITY

Summary of NCAA Regulations – Division III

<table>
<thead>
<tr>
<th>For:</th>
<th>Student-athletes.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Action:</td>
<td>Read and then sign Form 08-3c.</td>
</tr>
<tr>
<td>Purpose:</td>
<td>To summarize NCAA regulations regarding eligibility of student-athletes to compete.</td>
</tr>
</tbody>
</table>

TO: STUDENT-ATHLETE

This summary of NCAA regulations contains information about your eligibility to compete in intercollegiate athletics. Carefully read the sections that apply to you, and then sign the Student-Athlete Statement (Form 08-3c).

This summary has two parts:

- Part I is for all student-athletes.
- Part II is for new student-athletes only (those signing the Student-Athlete Statement for the first time).

If you have questions, ask your director of athletics (or his or her official designee) or refer to the 2008-09 NCAA Division III Manual. The references in brackets after each summarized regulation show you where to find the regulation in the Division III Manual.

Part I: For All Student-Athletes.

This part of the summary discusses ethical conduct, amateurism, financial aid, academic standards and other regulations concerning your eligibility for intercollegiate competition.

Ethical Conduct – All Sports:

You must act with honesty and sportsmanship at all times so that you represent the honor and dignity of fair play and the generally recognized high standards associated with wholesome competitive sports. [NCAA Bylaw 10.01.1]

You are not eligible to compete if you knowingly provide information to individuals involved in organized gambling activities concerning intercollegiate athletics competition, solicit a bet on any intercollegiate team, accept a bet on any team representing the school or solicit or accept a bet on any intercollegiate competition for any item (e.g., cash, shirt, dinner) that has tangible value. [Bylaw 10.3]

You are not eligible to compete if you knowingly participate in any gambling activity that involves intercollegiate or professional athletics, through a bookmaker, a parlay card or any other method employed by organized gambling. [Bylaw 10.3]

You are not eligible to compete if you have shown dishonesty in evading or violating NCAA regulations. [Bylaw 14.01.3.3]
**Amateurism – All Sports:**

You are **not eligible** for participation in a sport if after full-time collegiate enrollment you have ever:

- Taken pay, or the promise of pay, for competing in that sport;
- Agreed (orally or in writing) to compete in professional athletics in that sport;
- Played on any professional athletics team (as defined by the NCAA) in that sport; or
- Used your athletics skill for pay in any form in that sport. (Prior to collegiate enrollment an individual may accept prize money based only on his or her place finish or performance from the sponsor of an open athletics event, the United States Olympic Committee or the appropriate national governing body and actual and necessary expenses associated with the individual's practice and competition on a professional team). [Bylaw 12.1.1]

You are **not eligible** in a sport if you ever have accepted money, transportation or other benefits from an agent or agreed to have an agent market your athletics ability or reputation in that sport. [Bylaw 12.3.1]

You are **not eligible** in any sport if, after you become a student-athlete, you accept any pay for promoting a commercial product or service or allow your name or picture to be used for promoting a commercial product or service, unless:

- The individual became involved in such activities for reasons independent of athletics ability;
- No reference is made in these activities to the individuals involvement in intercollegiate athletics; and
- The individual’s remuneration under such circumstances is at a rate commensurate with the individual’s skill and experience as a model or performer and is not based in any way on the individual’s athletics ability or reputation. [Bylaw 12.5.1.3]

You are **not eligible** in any sport if, because of your athletics ability, you were paid for work you did not perform, or were paid at a rate higher than the going rate. [Bylaw 12.4.1]

19
Delayed Collegiate Enrollment.

The following rules are applicable to all Division III student-athletes first entering a collegiate institution on or after August 1, 2002:

- If you did not enroll in college as a full-time student at your first opportunity following the graduation of your high-school class or if you discontinued full-time high-school enrollment and you participated in any of the activities listed below, you have used a season of intercollegiate competition for each calendar year or sport season in which you participated in such activities. [Bylaw 14.2.4.3]

Activities Constituting Use of a Season:

- Any team competition or training in which pay in any form is provided to any of the participants above actual and necessary expenses;
- Any individual competition or training in which the individual accepts pay in any form based on his or her place finish or any competition or training in which the individual accepts pay in any form above actual and necessary expenses;
- Any competition pursuant to the signing of a contract for athletics participation or entering a professional draft; or
- Any competition funded by a representative of an institution's athletics interest that is not open to all participants. [Bylaw 14.2.4.3.2]

If you have used a season(s) of competition according to the regulations above, you must also fulfill an academic year in residence prior to being eligible to represent your school in intercollegiate competition. [Bylaw 14.2.4.3.1]

Competition Exceptions (for delayed collegiate enrollment):

If you participated in organized competition while enrolled in a post-graduate college preparatory school during the initial year of enrollment, you did not use a season of competition. In addition, a maximum one-time one-year exception is applicable for participation in the Olympic Games tryouts and competition, and other specified national and international competition. [Bylaw 14.2.4.3.2.1]

Seasons of Participation – All Sports:

A student-athlete must count a season of participation when he or she practices or competes during or after the first contest following the student-athlete's initial participation at that school. [Bylaw 14.2.4.1]

A season of participation shall not be counted when a student-athlete participates in a preseason scrimmage or preseason exhibition conducted prior to the first contest in the traditional segment following the student-athlete's initial participation at that school. [Bylaw 14.2.4.1]

A season of participation shall not be counted when a student-athlete practices, but does not compete, in the nontraditional sports segment (e.g., spring football, spring soccer, fall baseball). [Bylaw 14.2.4.1]
Financial aid - All Sports:

You are **not eligible** if you receive financial aid other than the nonathletic financial aid that your school distributes. However, it is permissible to receive:

- Money from anyone on whom you are naturally or legally dependent; [Bylaw 15.2.3.3]
- Financial aid that has been awarded to you on a basis other than athletics ability; or [Bylaw 15.2.3.4]
- Financial aid from an entity outside your school that meets the requirements specified in the Division III Manual. [Bylaw 15.2.3.2]

You must report to your school any financial aid that you receive from a source other than your school. However, you do not need to report financial aid received from anyone on whom you are naturally or legally dependent. [Bylaw 15.2.3.1]

Academic Standards – All Sports:

Eligibility for Practice.

You are **eligible to practice** if you are enrolled in a minimum full-time program of studies leading to a baccalaureate or equivalent degree as defined by the regulations of your school. [Bylaw 14.1.8.1]

You are **eligible to practice** during the official vacation period immediately before initial enrollment, provided you have been accepted by your school for enrollment in a regular, full-time program of studies at the time of your initial participation, you are no longer enrolled at your previous school, and you are eligible under all school and NCAA requirements. [Bylaw 14.1.8.1.1]

You also are **eligible to practice** while enrolled in less than a minimum full-time program of studies if you are enrolled in the final semester or quarter of a baccalaureate program and your school certifies that you are carrying (for credit) the courses necessary to complete your degree requirements. [Bylaw 14.1.8.1.3]

Eligibility for Competition.

To be **eligible to compete**, you must:

- Have been admitted as a regularly enrolled, degree seeking student according to the published entrance requirements of your school;
- Be in good academic standing according to the standards of your school; and
- Be enrolled in at least a minimum full-time program of studies leading to baccalaureate or the equivalent (not less than 12 semester or quarter hours) and maintain satisfactory progress toward that degree, be enrolled in a full-time graduate or professional degree program (as defined by the school for all graduate students) or be enrolled and seeking a second baccalaureate degree at your school. [Bylaws 14.01.2, 14.01.2.1, 14.1.8.2 and 14.1.8.2.1.4]

If you are enrolled in less than a full-time program, you are **eligible to compete** only if you are enrolled in the last term of your **baccalaureate or graduate** degree program and are carrying credits necessary to finish your degree requirements. [Bylaw 14.1.8.2.1.3]
You are eligible to compete during the official vacation period immediately before initial enrollment, provided you have been accepted by your school for enrollment in a regular, full-time program of studies and at the time of your initial participation, you are no longer enrolled in your previous educational institution and you are eligible under all institutional and NCAA requirements. [Bylaw 14.1.8.2.1.1]

If you are a returning student, you are eligible to compete between terms, provided you have been registered for the required minimum full-time load at the conclusion of the term immediately before the date of competition, or if you are either continuing enrollment or beginning enrollment, provided you have been accepted for enrollment as a regular full-time student for the regular term immediately following the date of competition. [Bylaw 14.1.8.2.1.2]

Other Rules Concerning Eligibility – All Sports:

You are not eligible to participate in more than four years of intercollegiate competition. [Bylaw 14.2]

You are not eligible after 10 semesters or 15 quarters in which you were enrolled at a collegiate institution in at least a minimum full-time program of studies as determined by the school, except for any extensions that have been approved in accordance with NCAA legislation. [Bylaws 14.2.2 and 30.6.1]

You are eligible if you are seeking a second baccalaureate or equivalent degree or you are enrolled in a graduate or professional school provided you received your undergraduate degree from the same school, you have seasons of participation remaining and your participation occurs within the applicable 10 semesters or 15 quarters. You are also eligible for championships that occur within 60 days of the date you complete the requirements for your degree. [Bylaws 14.1.9 and 14.1.9.2]

You are not eligible in your sport for the rest of your season if, after enrollment in college and during any year in which you were a member of an intercollegiate team, you competed as a member of any outside team in any noncollegiate, amateur competition in the sport during your college team’s playing season. Competing in the Olympic Games, tryouts and competition and other specified national and international competition is permitted. [Bylaws 14.7.1 and 14.7.3.1]

Transfer Students Only:

You are considered a transfer student if:

- The registrar or admissions officer from your former school certified that you officially were registered and enrolled at that school in any term in a minimum full-time load and attended class; or

- The director of athletics from your former school certified that you reported for the regular squad practice that any staff member of the athletics department of your former school announced, even if that practice occurred before the beginning of the academic term. [Bylaws 14.5.2]

If you are a transfer student from a four-year school, you are not eligible during your first academic year in residence unless you meet the provisions of one of the exceptions specified in Bylaw 14.5.5.1.1, 14.5.5.1.2 or 14.5.5.1.3 or one of the waivers specified in Bylaw 14.8.1.2.

If you are a transfer student from a two-year institution, you are not eligible during your first academic year in residence at your new institution unless you meet the academic and residence requirements specified in Bylaw 14.5.4.1 or the exception specified in Bylaw 14.5.4.1.2.

If you wish to correspond with another NCAA institution about your opportunity to transfer, the institution must have permission to contact you before any correspondence may occur.
• To contact another Division III school, you may seek permission from your director of athletics, or you can grant other Division III institutions permission to contact you. To grant another Division III school permission to contact you about a potential transfer (or for you to be able to contact the school), complete the Permission to Contact-Self Release form that is provided by the NCAA national office. The form and instructions are available on the student-athlete home page of the NCAA Web site at ncaa.org.

• To contact Division I or Division II schools, you must seek permission from your director of athletics.

Drugs – All Sports:

If the NCAA tests you for the banned drug classes listed in Bylaw 31.2.3.4 and you test positive (consistent with NCAA drug-testing protocol), you will be ineligible to participate in regular-season and postseason competition for one calendar year (365 days) after your positive drug test and you will be charged with the loss of a minimum of one season of participation in all sports.

If you test positive a second time for the use of any drug, other than a "street drug" as defined in Bylaw 31.2.3.2, it will result in the loss of lifetime eligibility, while a combination of two positive tests involving street drugs (e.g. marijuana, heroin) in whatever order, will result in the loss of an additional year of eligibility. [Bylaw 18.4.1.5.1.2]

If you test positive for the use of a "street drug" after being restored to eligibility, you shall be charged with the loss of one additional season of competition in all sports and also shall remain ineligible for regular-season and postseason competition at least through the next calendar year. [Bylaw 18.4.1.5.1.2]

A policy adopted by the NCAA Executive Committee establishes that the penalty for missing a scheduled drug test is the same as the penalty for testing positive for the use of a banned drug other than a street drug. You will remain ineligible until you retest negative and your eligibility has been restored by the NCAA Committee on Student-Athlete Reinstatement. [Bylaw 18.4.1.5.1]

Non-NCAA Athletics Organization Positive Drug Test - All Sports (Bylaw 31.2.3.4.2):

If you are under a drug-testing suspension from a national or international sports governing body that has adopted the World Anti-Doping Agency (WADA) code, you will not be eligible for NCAA intercollegiate competition for the duration of the suspension.

The director of athletics must notify the vice president of NCAA education services in writing regarding a student-athlete's disclosure of a previous positive drug test administered by any other athletics organization.

If the student-athlete immediately transfers to a non-NCAA institution while ineligible and competes in collegiate competition within the 365 day period at a non-NCAA institution, the student-athlete will be ineligible for all NCAA regular-season and postseason competition until the student-athlete does not compete in collegiate competition for a 365 day period. Additionally, the student-athlete must retest negative (in accordance with the testing methods authorized by the Executive Committee) and request that eligibility be restored by the Committee on Student-Athlete Reinstatement.

The list of banned drugs classes is subject to change and the institution and student-athlete shall be held accountable for all banned drug classes on the current list. The list is located on the NCAA Web site (www.ncaa.org) or may be obtained from the NCAA health and safety staff in the Education Services department at the NCAA national office.
Part II: For New Student-Athletes Only.

This part of the summary contains information about your recruitment, which is governed by Bylaw 13 of the Division III Manual.

Recruitment

Offers – All Sports:

You are not eligible if, before you enrolled at your school, any staff member of your institution or any other representative of your school's athletics interests offered to you, your relatives or your friends any financial aid or other benefits that NCAA rules do not permit.

During your recruitment, it was permissible for you to be employed in any department outside of intercollegiate athletics provided the employment is arranged through normal institutional employment policies and procedures. [Bylaws 13.2.1 and 13.2.4.1]

Contacts – All Sports:

For purposes of this section, contact means “any face-to-face encounter between a prospect or the prospect's parents, relatives or legal guardian(s) and an institutional athletics department staff member or athletics representative during which any dialogue (in excess of an exchange of a greeting) occurs. Any such face-to-face encounter that is prearranged or that takes place on the grounds of the prospect's educational institution or at the site of organized competition or practice involving the prospect or the prospect's high-school, preparatory school, two-year college or all-star team shall be considered a contact, regardless of the conversation that occurs.” [Bylaw 13.02.2]

You are not eligible if any athletics staff member of your school or any other representative of your school’s athletics interests contacted you (as defined above), your relatives or your legal guardians in person off your high school’s campus before you completed your junior year in high school (except for students at military academies). [Bylaw 13.1.1.1]

You are not eligible if, while you were being recruited, any athletics staff member of your school or any other representative of your school's athletics interests contacted you (as defined above) during the day or days of competition at the site of any athletics competition in which you were competing. It was permissible for such contact to occur (during the permissible period) after the competition if the appropriate high school authority released you prior to the contact. [Bylaw 13.1.4.2]

Source of Funds – All Sports:

You are eligible for intercollegiate competition if prior to initial full-time collegiate enrollment, you received normal and reasonable living expenses from an individual with whom you had an established relationship (e.g., high school coach, non-scholastic athletics team coach, family of a teammate), even if the relationship developed as a result of athletics participation, provided:
• The individual is not an agent;
• The individual is not an athletic representative of a particular school involved in recruiting the prospect; and
• Such living expenses are consistent with the types of expenses provided by the individual as a part of normal living arrangements (e.g., housing, meals, occasional spending money, use of the family car). [Bylaw 12.1.1.6.1.1]

Tryouts – All Sports:

You are not eligible if, after starting classes for the ninth grade, you displayed your abilities in any phase of any sport in a tryout conducted by or for your college. [Bylaw 13.11]

AAU Basketball Only:

You are not eligible if a member of your school's coaching staff participated in competition or in coaching activities involving an AAU basketball team of which you were a member. [Bylaw 13.11.1.4]

Sports Camps:

You are not eligible if, before you enrolled at your school, the school, members of its athletics staff or a representative of its athletics interests gave you free or reduced admission privileges to attend its sports camp or clinic after you had started classes for the ninth grade. [Bylaw 13.12.1.4]

Visits, Transportation and Entertainment – All Sports:

You are not eligible under Bylaws 13.5, 13.6 or 13.7 if, before you enrolled at your school, any of the following happened to you:

• Your school paid for you to visit its campus more than once;
• Your one expense-paid visit to the campus lasted longer than 48 hours;
• Your school paid more than the actual round-trip cost by direct route between your home and the campus when you made your one expense-paid visit;
• Your school entertained you, your parents (or guardians) or your spouse outside a 30 mile radius of the campus during your expense-paid visit; or
• Your school entertained you, your parents (or guardians) or your spouse excessively during your expense-paid visit or entertained your friends or other relatives at any site.

You are not eligible if your school paid for you to visit its campus before the first day of classes of your senior year in high school. [Bylaw 13.6.1.1.1]

You are not eligible if, when you were being recruited, staff members of your school or any representatives of its athletics interests paid the transportation costs for your relatives or friends to visit the campus or elsewhere other than the one paid visit. [Bylaw 13.5.2.8]

You are not eligible if any person, (other than your parents or legal guardians) at his or her own expense, paid for you to visit your school once and did not accompany you on the visit or paid for you to visit more than once. [Bylaw 13.6.1.1]
You are **not eligible** if, at any time that you were visiting your school's campus at your own expense, your school paid for anything more than the following:

- Three free passes for you and those individuals who came with you to an athletics event on campus in which your school's team competed. [Bylaw 13.6.5.2]
- Transportation, when accompanied by a staff member, to see off-campus practice and competition sites and other facilities. [Bylaw 13.5.1]
- A meal at the dining hall of your school or a meal at an off-campus site if all institutional dining halls were closed and the school normally provides similar meals to all visiting prospective students. [Bylaw 13.7.2.1.1]
- Housing at your school that is generally available to all visiting prospective students. [Bylaw 13.7.2.1.2]

You are **not eligible** if, when you were being recruited, a staff member of your school’s athletics department spent money, other than what was necessary, for the staff member's (or representative's) personal expenses during an off-campus visit with you. [Bylaw 13.14.2]

**Precollege or Postgraduate Expenses – All Sports:**

You are **not eligible** if your school, or any representative of its athletics interests, offered you money, directly or indirectly, to pay for any part of your educational expenses or other expenses during any period of time before you enrolled at your school. This applies to your postgraduate education as well. [Bylaw 13.15.1]

**ALCOHOL, TOBACCO AND DRUGS**

The Department of Athletics administration and coaching staff condemn the use of alcohol, tobacco and drugs by any student-athlete. These substances will not only have a negative effect on your athletic and academic performance, but will endanger your safety and overall health. The use of alcohol, tobacco and non-prescription drugs is strictly prohibited at all times while representing Norwich University, regardless of the student athlete’s age. This includes any pre or post game team activity, all travel associated with away contests and all overnight trips. Any violation of this policy will result in an immediate loss of eligibility to participate in any team contests and will also be subjected to University punishment. A student-athlete, who needs assistance for problems in this area, should immediately contact the Counseling Services at the University.
ATHLETIC TRAINING ROOM

The Athletic Training Staff, in conjunction with the University Physicians, are responsible for the health care of all our student-athletes. Each team is assigned a full-time trainer and/or a student trainer, who is responsible for that team’s health care. This care is dependent upon the student-athletes sharing responsibility for communicating all concerns regarding first aid, injury management, rehabilitation, sickness and other health issues. All first year participants will be required to have a physical administered by the University Physicians, and to complete a Health Assessment Form prior to the start of each season of participation. Upperclassmen, that have received a physical by the University Physicians, and are returning for the next season of competition, will need only to fill out the Health Assessment Form. Student-athlete’s who were injured or had a health problem prior to the season, may be required to obtain a second physical if requested by the training staff. The Athletic Training Staff will determine whether an athlete can participate or not. Prior to the start of your season of competition, the Athletic Training Staff will review all the procedures for the Training Room that you will need to follow. If you have any questions concerning this area, please contact the Head Trainer.

ATHLETIC EQUIPMENT ROOM

The Athletic Equipment manager is responsible for all equipment room policies and procedures at the University. Each student-athlete who is issued University Athletic Equipment is totally responsible for that equipment. Equipment that is lost, misused or not returned by the posted date for that sports team, will be billed to that student-athlete. **Student-athletes who have equipment in their possession and do not return it will also be referred to the Dean of Students Office/Commandants Office for University punishment.** The Equipment Manager will meet with each team prior to the start of that sports season to review all policies and procedures that pertain to the equipment room.
INSURANCE COVERAGE

All students at Norwich University must show proof of Health Insurance coverage prior to their enrollment. Students can be covered under their parent’s Health Insurance Policy or can purchase University Student Health Insurance. If you will be covered under your family’s insurance policy, that policy will be responsible for your health care costs while you are at Norwich. If you would like information on the Student Health Insurance, contact the Bursar’s Office.

TEAM SELECTION

All intercollegiate athletic teams are open to any student who is enrolled at the University and who is determined to be eligible to participate. Tryouts are held for all students (upperclassmen and freshmen) and procedures and selection criteria are established by each head coach. It is important for each student who wants to try out for a particular team to contact his/her sports coach to find out what these procedures and criteria are. Team selections are the responsibility of the coaching staffs of each sport and the expectations or criteria used for this process may be based upon a number of factors, the last being the discretion of the coaching staff.

PLAYER INFRACTION OF TEAM, UNIVERSITY AND NCAA RULES

Team rules are established by the head coach of each sport in conjunction with the Athletic Department. Each student-athlete is responsible for knowing these rules. Any athlete who commits an infraction of a Team, University or NCAA rule should expect to receive some form of discipline consistent with the severity of the infraction.

TEAM TRAVEL

The Department of Athletics’ team travel Policy requires team members to travel as a group to the site of competition in the transportation provided by the University. An exception to this policy, approved by the Director of Athletics, may be granted ONLY WHEN EMERGENCY CIRCUMSTANCES EXIST. Requests for an exception to this policy must be made to the Director of Athletics at least 48 hours prior to that away contest and student athletes must fill out waiver forms that are located in the Director of Athletics office.
Those students who are not interested in participating in intercollegiate athletics have the opportunity to compete in club and intramural sports at the University. Norwich currently offers a wide variety of club and intramural sports on a seasonal basis. For more information, please contact the Student Activities Office.

NORWICH ATHLETIC DEPARTMENT DRUG POLICY

Norwich University
Department of Athletics

Policy, Procedures and Regulations Implementing
Drug Testing for Student-Athletes

Overview

The Department of Athletics of Norwich University expects the actions of its student-athletes, both on and off the playing field, to reflect the Guiding Values and traditions of excellence fostered by the University. You are expected to exemplify the standards of self-discipline, personal integrity, honor and social responsibility, the principles upon which the University was founded, which will bring honor to yourself, your team and your University.

The Department of Athletics at Norwich University is concerned with the health, safety, and welfare of our student-athletes who participate in our programs and represent the University in competitive athletics, as well as the integrity of our programs and competitions. Substance abuse is one of the most important issues facing athletics and society today. Substance use and abuse in sports can pose risks to the student-athlete’s health, negatively affect his or her academic and athletic performance, and also can compromise the integrity of athletic competition and the ideals of Norwich University. Therefore, the Department of Athletics condemns the use of illegal drugs, the misuse of legal drugs and dietary supplements, and the use of performance-enhancing substances.
Drug testing of student-athletes has been authorized in accordance with procedures and regulations promulgated by the Department of Intercollegiate Athletics ("Intercollegiate Athletics" or "Athletic Department"). Amendments to these procedures may be issued with or without notice, as the University and the Department of Intercollegiate Athletics deem appropriate. Nothing in these procedures shall be construed to create a contract between student-athletes and NU. However, signed consent and notification forms shall be considered affirmation of the student-athlete’s agreement to the terms and conditions contained therein as well as in this policy, and shall be legal contractual obligations of the student-athletes.

Drug testing is appropriate to ensure the health, safety and welfare of student-athletes, to promote fair competition in intercollegiate athletics; to affirm compliance with applicable rules and regulations on drug use; to identify student-athletes who are improperly using drugs; to assist them before they harm themselves or others; and to protect the integrity of the University and its’ athletic program.

**Procedures and Sanctions—Supplemental to Other Requirements**

These procedures and sanctions are in addition to and supplemental to any and all policies, procedures, consent forms, rules, codes, requirements, and sanctions allowed and/or required by Norwich University, including the Norwich University Student Rules and Regulations, the NCAA, conferences, law, and any other legal authority or entity (collectively “requirements.”) Student-athletes and other students continue to remain subject to other requirements.

The procedures and sanctions set forth herein address and apply only in regard to this policy. Acts, conduct, violations, and/or failure to comply with other requirements subject the student-athlete to additional procedures and sanctions in accordance with those other requirements.

**Consent and Release as Conditions of Participation**

Participation in athletics at Norwich University is a privilege, not a right. As a condition of being permitted to participate in the University’s athletic programs, student-athletes must comply with this policy and all other applicable requirements and procedures, including complying with and consenting to the drug education and drug testing procedures, signing forms
indicating their understanding and voluntary consent to these requirements, releasing of results and other information to those who have a specific need to know, and waiving liability as deemed appropriate by the University. See attached Consent Form.

Failure to consent to and/or to comply with the requirements of this policy and its procedures shall result in ineligibility for or suspension from participation, or termination of eligibility to participate in athletics at Norwich University. Those student-athletes not providing such signed consent form by the end of their respective teams’ orientation meeting, at the beginning of each sports season, will be deemed to have exercised their option to not participate in an athletic program and thereby will become ineligible to participate in athletics. Student athletes, including walk-on athletes and mid-year transfers, will not be allowed to participate in athletics without first providing a signed drug testing consent form.

Each student-athlete annually will be given a copy of the institutional policy and will be required to participate in an informative session describing the drug testing procedures. Additionally, student-athletes will be given an opportunity to ask any questions regarding the information contained in the policy, the testing program, or other related issues prior to signing the consent form.

**Dietary Supplements**

Norwich University Department of Athletics personnel will not distribute or encourage the use of any dietary supplements or ergogenic aids. A dietary supplement is a product, intended to supplement the diet, which contains one or more of the following dietary ingredients: vitamins, minerals, amino acids, herbs or other botanicals, and metabolites. Many dietary supplements or ergogenic aids contain banned substances. Often the labeling of dietary supplements is not accurate and is misleading. Terms such as “healthy” or “all natural” do not mean dietary supplements do not contain a banned substance or are safe to take. Using dietary supplements may cause positive drug tests. Student-athletes who are currently taking dietary supplements or intend to take any dietary supplements are required to review the product
with the Head Athletic Trainer. Positive testing of any prohibited/banned substances subject student-athletes to the sanctions set forth in this policy.

**Prohibited Drugs/Substances**

The drug screening process may include analysis of, but is not limited to, the NCAA list of banned-drug classes (See Attached List of NCAA Banned Drug Classes). This banned drug list also is included in the student-athlete handbook. For an ongoing updated listing of the banned-drug list view the NCAA’s web site at [www.ncaa.org](http://www.ncaa.org). Prohibited substances that may be screened for includes but is not limited to (in any sport), marijuana, PCP, opiates, MDMA (Ecstasy), amphetamines, cocaine, flunitrazepam (Rohypnol) and anabolic steroids. Norwich University requires that all student-athletes keep the athletic training staff and/or team/university physician aware of any prescribed drugs and dietary supplements that he or she may be taking.

**Possible Methods of Selection for Drug Testing**

**Random Testing**

Student-athletes may be selected for random testing throughout the academic year or until the conclusion of post-season competition, whichever is later. Student-athletes on the institutional team squad list will be eligible for testing using a random number system. A student-athlete may be randomly selected for testing as a member of a team (e.g. one of 10 football athletes selected) or as a Norwich University student-athlete (e.g. one of 10 student-athletes selected). Student-athletes listed on the squad list that have exhausted their eligibility or who have had a career ending injury will not be selected for random testing under this policy. Short notice or no notice may be given for a random drug test.

**Reasonable Suspicion Screening**

A student-athlete may be subject to testing at any time when the Vice President of Student Affairs/Commandant determines there is individualized reasonable suspicion to believe the participant is using or has used a prohibited drug. Such reasonable suspicion shall be based on objective information as determined by the Director of Athletics or by an Associate/Assistant Director of Athletics, Head Coach, Assistant Coach, Head Athletic Trainer or Assistant Athletic Trainer, or Team Physician, and
deemed reliable by the Director of Athletics or his/her designee. Director of Athletics presents reasonable suspicion analysis to the Vice President of Student Affairs/Commandant for approval. Upon certification by the Vice President of Student Affairs/Commandant that reasonable suspicion exists the Director of Athletics will order reasonable suspicion screening. Reasonable suspicion may be found, but not limited to 1) observed possession or use of substances appearing to be prohibited drugs, 2) arrest or conviction for a criminal offense related to the possession or transfer of prohibited drugs or substances, or 3) observed abnormal appearance, conduct or behavior reasonably interpretable as being caused by the use of prohibited drugs or substances. Among the indicators which may be used in evaluating a student-athlete’s abnormal appearance, conduct or performance are: decrease in class attendance, significant GPA changes, decrease in athletic practice attendance, increased injury rate or illness, physical appearance changes, academic/athletic motivational level, emotional condition, mood changes, and legal involvement. See attached Reasonable Suspicion Form. The Director of Athletics will make a recommendation to the Vice President of Student Affairs/Commandant within 48 hours of receiving the objective information from the individual(s) mentioned above. The Vice President of Student Affairs/Commandant will render a decision within 48 hours certifying or decertifying the reasonable suspicion. If certified, then the Director of Athletics or Head Coach will notify the student-athlete and the student-athlete must stay with a member of their coaching staff, the athletics administration staff, or the sports medicine staff, until an adequate specimen is produced. Note: The possession and/or use of illegal substances may be determined by means other than urinalysis. When an individual is found to be in possession and/or using such substances, he/she will be subject to the same procedures that would be followed in the case of a positive drug test result.

**Team Testing**

Entire teams may be selected for random testing throughout the academic year. Student-athletes on the institutional team squad list will be eligible for team testing. Teams will be selected for testing using a random number system. A team may be randomly selected for testing if it is classified as a varsity or club sport at Norwich University. Student-athletes listed on the institutional team squad list that have exhausted their eligibility or who have had a career ending injury will not be selected for random testing under this
policy. All other student-athletes are subject to testing. A student-athlete may be given short notice or no notice for a random drug test.

**Pre-season Screening**
All student-athletes are subject to pre-season drug testing and may be notified of such by the Director of Athletics or his/her designee at any time prior to their first competition.

**Postseason/Championship Screening**
Any student-athlete or team likely to advance to post-season championship competition may be subject to additional testing. Testing may be required of all team members or individual student-athletes at any time within thirty (30) days prior to the post-season competition.

**Re-entry Testing**
A student-athlete who has had his or her eligibility to participate in athletics suspended as a result of a drug violation, may be required to undergo re-entry drug testing prior to regaining eligibility. The Director of Athletics or his/her designee shall arrange for re-entry testing at the student-athletes expense.

**Follow-up Testing**
A student-athlete who has earned the privilege to return to participation in athletics following a positive drug test under this policy may be subject to follow-up testing. Testing will be unannounced and will be required at a frequency determined by the Athletic Director or his/her designee. Follow up testing that results in a positive test, will be paid for by the student-athlete. A negative test result will be paid for by the University.

**Notification and Reporting for Collections**

The Director of Athletics or the Head Coach will notify the student-athlete of the date and time to report to the collection station and will have the student-athlete read and sign the Student-Athlete Notification Form. See attached Notification Form.

The Director of Athletics or the Head Coach will be in the collection station to certify the identity of the student-athletes selected. Student-athletes shall provide picture identification (NU photo ID) when entering the drug-testing station. The Director of Athletics or Head Coach must remain in the collection station until all student-athletes complete the collection process.
Collection of Sample

Urine samples will be collected using all required laboratory directed procedures. (See Drug Testing Collection Procedures attached.) Chain of custody sample holding and shipping procedures will be scrupulously followed.

Reporting Results

Urine samples will be collected and sent to an independent, SAMHSA approved laboratory for analysis. Each sample will be tested to determine if banned substances are present. A test result confirmed as positive by the laboratory does not automatically identify the student-athlete as having engaged in prohibited drug use. Results will be made available to the Director of Athletics. The Director of Athletics will consult the Head Athletic Trainer, the Team/University Physician, and the Deputy Commandant/Dean of Students. All four will review the results. If there is a positive drug test, the Director of Athletics will set up a meeting with the student-athlete. The student-athlete may present evidence of any mitigating circumstances that he/she feels may be important to the outcome of the drug test. The Director of Athletics, the Head Athletic Trainer, the Team/University Physician, and the Deputy Commandant/Dean of Students will then make the determination of the outcome of the drug test.

If the laboratory reports a specimen as substituted, manipulated, or adulterated, the student-athlete will be deemed to have refused to submit to testing and treated as if the test were positive for a banned substance.

SANCTIONS

Any student-athlete who tests positive for a banned substance or who refuses to submit a urine sample or fails to take a required drug test as described in this policy shall be subject to the following sanctions:

The Director of Athletics will schedule a confidential meeting with the student-athlete, the Head Trainer or his or her designee, the Senior Woman Administrator (SWA), the Head Coach and the Team/University Physician and the Deputy Commandant/Dean of Students to review the positive drug test results. The Director of Athletics or his/her designee will notify the student-athlete’s parent(s) or legal guardian(s) by telephone and in writing of the positive drug test result. The student-athlete will be immediately suspended from competition in any intercollegiate or club sports at Norwich University. Students will be cautioned that they are subject to Vermont state laws pertaining to possession, sale and consumption of controlled substances and related paraphernalia. Violators of this policy are subject to suspension or dismissal from the University. The Deputy Commandant/Dean of
Students will then initiate the appropriate disciplinary process as defined by the Norwich University Rules and Regulations.

Any student who fails to take the required drug test (does not report to the testing site at the assigned date and time) will be immediately suspended from participation in any intercollegiate or club sport at Norwich University and be required to take a rescheduled drug test within 24 hours of the original test, at the individual’s expense. If the rescheduled drug test is negative, the student athlete’s eligibility will be restored for the next sports season (not the current sports season). If the rescheduled drug test is positive, the suspension will continue and the University’s discipline procedures will be followed. If the student athlete refuses to submit to the drug test or fails to take the rescheduled drug test (does not report), this action will represent a positive drug test. The student athlete’s suspension will continue and the University’s discipline procedures will be followed. If a student athlete who failed to report for his or her first drug test can provide any supporting evidence, to the Director of Athletics, that prevented him or her from reporting for this drug test, the Director of Athletics can waive the testing fee and suspension until the results of the rescheduled drug test are available.

**Appeal Process**

Student-athletes who test positive for a banned substance may, within 48 hours following receipt of notice of the laboratory finding, contest the finding of the positive results in writing to the Director of Athletics. Upon the student-athlete’s request for further testing of the sample, the Director of Athletics will formally request the laboratory retained by the University to perform testing on specimen B. Specimen B findings will be final, subject to the results of any appeal. If specimen B results are negative, the drug test will be considered negative and will be at the expense of the University. A positive test result of specimen B will be at the expense of the student-athlete.

Student-athletes who test positive, or who dispute that they have refused or failed to take a required test, under the terms of the Norwich University Athletics Drug Testing Policy and who receive a sanction of suspension or dismissal via the University Rules and Regulations, can appeal the sanction to the Commandant and Vice President of Student Affairs of Norwich University. The Vice President has the authority to delegate the appeal process to the President of Norwich University. The Vice President for Student Affairs, the Dean of Students, and the Deputy Commandant have the authority to uphold, rescind or amend any decision to include increasing or decreasing a punishment. A student may not appeal a sanction more than once.

The student-athlete may have an advocate or other representative present if the student so desires. However, the student-athlete must present his or her own case. The meeting should take place no more than forty-eight (48) hours after the written request is received. Either the student-athlete or the other parties involved may request an extension of time to the Commandant.
and Vice President of Student Affairs or his/her designee, who will consider whether to grant the extension upon a showing of good cause. These proceedings shall include an opportunity for the student-athlete to present evidence, as well as to review the results of the drug test. The proceedings shall be open to only those persons deemed necessary by the Commandant and Vice President of Student Affairs or his/her designee.

Decisions regarding suspension and dismissal, like all other actions taken at the university, are administrative rather than judicial in nature. As the Commandant and Vice President for Student Affairs makes these decisions for the President and the Board of Trustees, his/her decisions are considered final.

*Athletics: Drug Testing Procedures 7-03*

September 15, 2003

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**Norwich University Department of Athletics**

**Drug Testing Program Administration**

**Student-Athlete Consent Form**

I, ________________________________, hereby acknowledge that I have received a copy of, read and been given the opportunity to ask questions regarding the Drug Testing Program implemented for the Department of Intercollegiate Athletics at Norwich University. I understand the policies, procedures and my responsibilities as described in the policy.

I consent to participate in the Drug Testing Program at Norwich University. I understand that my participation in this program may include the collection and testing of my urine at various times during the current academic year for drugs and/or other banned substances.

I further consent to the release of the results of any drug test to the Director of Athletics, the Senior Woman Administrator, the Head Coach, the Head Athletic Trainer, Team/University Physician, Deputy Commandant/Dean of Students, the Vice President for Student Affairs, the Commandant, and to my parent(s) or guardian(s). I acknowledge and understand that a copy of this consent form will be sent to my parent(s) or guardian(s). A copy of the Drug Testing Program Policy can be found in the Student-Athlete Handbook and on-line at [www.norwich.edu/policy/athletic](http://www.norwich.edu/policy/athletic). You can also request a copy of this policy by contacting the Norwich Athletic Department at 802-485-2230. To the extent set forth in this document, I waive any privilege I may have in connection with such information.
Norwich University, its Officers, Employees, and Agents are hereby released from legal responsibility or liability for the release of such information and records as authorized by this consent form. I fully and forever release and discharge the aforementioned parties from any claims, demands, rights of action, or causes of action, present or future, whether the same be known or unknown, anticipated or unanticipated, resulting from my participation in this program.

______________________________            ________________________  
Student-Athlete Signature                                            Date

______________________________            ________________________  
Printed Name of Student-Athlete                                    Date

______________________________            ________________________  
Social Security Number                                                Sport(s)

______________________________            ________________________  
Witness                                                        Date

______________________________            ________________________  
Parent/Guardian Signature (if a minor)                                        Date

DRUG-TESTING COLLECTION PROCEDURES

1. Upon entering the collection station, the athlete will provide photo identification and/or a client representative/site coordinator will identify the athlete and the athlete will be officially signed into the station.

2. The athlete will select a sealed collection beaker from a supply of such and will record his/her initials on the collection beaker’s lid or attach a unique bar code to the beaker.

3. A collector, serving as validator, will monitor the furnishing of the specimen by observation in order to assure the integrity of the specimen until a volume of at least 85 mL is provided (volume is dependent upon client protocol and drugs being tested).
Only members of the drug-testing crew should serve as validators. Validators who are of the same gender as the athlete must observe the voiding process. The procedure does not allow for validators to stand outside the immediate area or outside the restroom. The athlete must urinate in full view of the validator (validator must observe flow of urine). The validator must request the athlete raise his/her shirt high enough to observe the midsection area completely to rule out attempt to manipulate or substitute a sample.

4. Athletes may not carry any item other than his/her beaker into the restroom when providing a specimen. Any problem or concern should be brought to the attention of the crew chief for documentation.

5. Once a specimen is provided, the athlete is responsible for keeping the collection beaker closed and controlled.

6. Fluids and food given to athletes who have difficulty voiding must be from sealed containers (approved by the collector) that are opened and consumed in the station. These items must be caffeine- and alcohol-free and free of any other banned substances.

7. If the specimen is incomplete, the athlete must remain in the collection station until the sample is completed. During this period, the athlete is responsible for keeping the collection beaker closed and controlled.

8. If the specimen is incomplete and the athlete must leave the collection station for a reason approved by the collector, specimen must be discarded.

9. Upon return to the collection station, the athlete will begin the collection procedure again.

10. Once an adequate volume of the specimen is provided, the collector who monitored the furnishing of the specimen by observation will sign that the specimen was directly validated and a collector will check the specific gravity and if in range measure the pH of the urine in the presence of the student athlete.

11. If the urine has a specific gravity below 1.005 (1.010 if measured with a reagent strip), the specimen will be discarded by the athlete. The athlete must remain in the collection station until another specimen is provided. The athlete will provide another specimen.
If the urine has a pH greater than 7.5 (with reagent strip) or less than 4.5 (with reagent strip), the specimen will be discarded by the athlete. The athlete must remain in the collection station until another specimen is provided. The athlete will provide another specimen.

12. If the urine has a specific gravity above 1.005 (1.010 if measured with a reagent strip) and the urine has a pH between 4.5 and 7.5 inclusive, the specimen will be processed and sent to the laboratory.

13. The laboratory will make final determination of specimen adequacy.

14. If the laboratory determines that an athlete’s specimen is inadequate for analysis, at the client’s discretion, another specimen may be collected.

15. If an athlete is suspected of manipulating specimens (e.g., via dilution), the client will have the authority to perform additional tests on the athlete.

16. Once a specimen has been provided that meets the on-site specific gravity and pH parameters, the athlete will select a specimen collection kit and a uniquely numbered Chain of Custody Form or set of Specimen Bar Code Seals from a supply of such.

17. A collector will record the specific gravity and pH values.

18. The collector will pour approximately 60 mL of the specimen into the “A vial” and the remaining amount (approximately 25 mL) into the “B vial” (required volume is determined by client and/or laboratory) in the presence of the athlete.

19. The collector will place the cap on each vial in the presence of the athlete; the collector will then seal each vial in the required manner under the observation of the athlete and witness (if present).

20. Vials and forms (if any) sent to the laboratory shall not contain the name of the athlete.

21. All sealed specimens will be secured in a shipping case. The collector will prepare the case for forwarding.

22. The athlete, collector and witness (if present) will sign certifying that the procedures were followed as described in the protocol. Any deviation from the procedures must be described and recorded. If deviations are alleged, the athlete will be required to provide another specimen.

23. After the collection has been completed, the specimens will be forwarded to the laboratory and copies of any forms forwarded to the designated persons.
24. The specimens become the property of the client.

25. If the athlete does not comply with the collection process, the collector will notify the client representative/site coordinator and third party administrator responsible for management of the drug-testing program.

26. On occasion, a client may choose to test using a single specimen kit. The collector will follow the split specimen procedures up to the point where the athlete selects a sealed kit. With a single specimen kit, the collector beaker may serve as the secured vial for transporting the specimen to the laboratory. The collector will instruct the athlete to provide at least 35 mL of urine allowing for a 5 mL pour-off to measure specific gravity and pH on site. A single vial will be processed and transported to the laboratory for analysis.

NORWICH UNIVERSITY DEPARTMENT OF ATHLETICS
DRUG TESTING REASONABLE SUSPICION
REPORTING FORM

I, ____________________________________________, under the reasonable suspicion clause that is outlined in the Norwich University Drug Testing Policy, report the following objective sign(s), symptom(s) or behavior(s) that I reasonably believe warrant ______________________________ be referred to Name of Student-Athlete

the Director of Athletics or his/her designee for possible drug testing. The following sign(s), symptom(s) or behavior(s) were observed by me over the past _____ hours and/or ______ days.

Please check below all that apply:

The Student-Athlete has shown:

_____ irritability
_____ loss of temper
_____ poor motivation
_____ failure to follow directions
_____ verbal outburst (e.g. to faculty, staff, teammates)
_____ physical outburst (e.g. throwing equipment)
_____ emotional outburst (e.g. crying)
_____ weight gain
_____ weight loss
_____ sloppy hygiene and/or appearance
The Student-Athlete has been:

_____ late for practice
_____ late for class
_____ not attending class
_____ receiving poor grades
_____ staying up too late
_____ missing appointments
_____ missing/skipping meal

The Student-Athlete has demonstrated the following:

_____ dilated pupils
_____ constricted pupils
_____ red eyes
_____ smell of alcohol on the breath
_____ smell of marijuana
_____ staggering or difficulty walking
_____ constantly running and/or red nose
_____ recurrent bouts with a cold or the flu (give dates ________ )
_____ over stimulated or “hyper”
_____ excessive talking
_____ withdrawn and/or less communicative
_____ periods of memory loss
_____ slurred speech
_____ recurrent motor vehicle accidents and/or violations (give dates ________ )
_____ recurrent violations of Norwich University Student Code of Conduct

Other specific objective findings include:

__________________________________________________________________________________
__________________________________________________________________________________
__________________________________________________________________________________

Signatures

Print Name of Athletic Dept. Staff __________________________ Signature of Athletic Dept. Staff __________________________ Date

Reviewed By: __________________________

Director of Athletics/Designee __________________________ Date

Counselor Consulted: __________________________

Name of Counselor Consulted __________________________ Date Consulted
ON LINE SOCIAL NETWORKS

The Department of Athletics recognizes the fact that many student-athletes participate in online social networks such as Facebook.com and Myspace.com. While there is nothing inherently dangerous about posting to these sites, sharing inappropriate information via the internet may put you at risk.

When using online social networks, you should be mindful of the possible consequences:

- The information that you post is accessible to anyone. Future employers, professors, graduate schools, coaches, athletic administrators, journalists and others can view your profile as easily as other students.

- Your safety may be compromised. Providing access to your phone number, address or residence hall location is dangerous and compromises the university’s efforts to keep this information contained. Female student-athletes in particular should be very careful about making this information easily obtainable.

- There may be consequences for inappropriate postings. Students will be accountable for actions displayed on the sites which are deemed in violation of University and Athletic Policies as well as team rules. Students at other universities have been punished for underage drinking, threats against other students, and hazing. Don’t jeopardize your status on the team!

- You lose control of the information once it is posted. Information can be copies and put on other sites. Something that is meant to be seen only by the social network users can end up elsewhere, and may exist on the internet forever. Potential employers or admissions offices are performing internet searches, and profiles on the networks or discussions on blogs may be part of the information gathered about you and can impact your future for many years.
NCAA Banned-Drug Classes
2008-09
The NCAA list of banned-drug classes is subject to change by the NCAA Executive Committee. Contact NCAA education services or www.ncaa.org/health-safety for the current list. The term “related compounds” comprises substances that are included in the class by their pharmacological action and/or chemical structure. No substance belonging to the prohibited class may be used, regardless of whether it is specifically listed as an example.

Many nutritional/dietary supplements contain NCAA banned substances. In addition, the U.S. Food and Drug Administration (FDA) does not strictly regulate the supplement industry; therefore purity and safety of nutritional dietary supplements cannot be guaranteed. Impure supplements may lead to a positive NCAA drug test. The use of supplements is at the student-athlete’s own risk. Student-athletes should contact their institution’s team physician or athletic trainer for further information.

Bylaw 31.2.3. Banned Drugs
The following is a list of banned-drug classes, with some examples of substances under each class. No substance belonging to the banned drug class may be used, regardless of whether it is specifically listed as an example.

(a) Stimulants:
- amiphenazole
- methylenedioxyamphetamine
- methylenedioxymethamphetamine
- (MDMA, ecstasy)
- bemigride
- methylphenidate
- benzphetamine
- nikethamide
- bromantan
- pemoline
- caffeine1 (guarana)
- pentetrazol
- chlorphentermine
- phendimetrazine
- cocaine
- phenmetrazine
- cropropamide
- phentermine
- crothetamide
- diethylpropion
- phenylpropanolamine (ppa)
- dimethylamphetamine
- picrotoxine
- doxapram
- pirladone
- ephedrine
- prolintane
- (ephedra, ma huang)
- strychnine
- ethamivan
- synephrine
- ethylamphetamine
- (citrus aurantium, zhi shi, bitter orange)
- fencamfamine
- and related compounds
- meclofenoxate
- methamphetamine

The following stimulants are not banned:
- phenylephrine
- pseudoephedrine

(b) Anabolic Agents:

anabolic steroids
- androstenediol
- gestrinone
- androstenedione
- mesterolone
- boldenone
- methandienone
- clostebol
- methyltestosterone
- dehydrochlormethyltestosterone
- nandrolone
- dehydroepiandrosterone (DHEA)
- norandrostenediol
- dehydroepiandrosterone (DHT)
- norethandrolone
- dihydrotestosterone
- oxandrolone
- dromostanolone
- oxymetholone
- epitrenbolone
- stanozolol
- fluoxymesterone
- testosterone2
tretrahydrogestrinone (THG)
trenbolone
and related compounds

Other anabolic agents
clenbuterol

(c) Substances Banned for Specific Sports:
Rifle:
- alcohol
- atenolol
- metoprolol
- nadolol
- and related compounds

(d) Diuretics and other urine manipulators:
- acetzolamide
- bendroflumethiazide
- benzthiazide
- bumetanide
- chlorothiazide
- chlorothalidone
- ethacrynic acid
- flumethiazide
- furosemide
- and related compounds

(e) Street Drugs:
- heroin
tetrahydrocannabinol
marijuana3
(THC)3

(f) Peptide Hormones and Analogues:
corticotrophin (ACTH)
growth hormone (hGH, somatotrophin)
human chorionic gonadotrophin (hCG)
insulin like growth factor (IGF-1)
leutenizing hormone (LH)
(all the respective releasing factors of the above-mentioned substances also are banned.)
erythropoietin (EPO)
sermorelin
darbypoetin

(g) Anti-Estrogens
- anastrozole
- clomiphene
tamoxifen
and related compounds

(h) Definitions of positive depends on the following:
1 for caffeine—if the concentration in urine exceeds 15 micrograms/ml.
2 for testosterone—if the administration of testosterone or use of any other manipulation has the result of increasing the ratio of the total concentration of testosterone to that of epitestosterone in the urine to greater than 6:1, unless there is evidence that this ratio is due to a physiological or pathological condition.
3 for marijuana and THC—if the concentration in the urine of THC metabolite exceeds 15 nanograms/ml. (Norwich’s policy is zero tolerance.)
31.2.3.4.1 Drugs and Procedures
Subject to Restrictions.
The use of the following drugs and/or procedures is subject
to certain restrictions and may or may not be permissible,
depending on limitations expressed in these guidelines
and/or quantities of these substances used:
(Revised: 8/15/89)

(a) Blood Doping. The practice of blood doping (the
intravenous injection of whole blood, packed red
blood cells or blood substitutes) is prohibited, and any evidence
confirming use will be cause for action consistent with that taken for a positive drug test. (Revised: 8/15/89, 5/4/92)

(b) Local Anesthetics. The Executive Committee will permit the limited use of local anesthetics under the following
conditions:
(1) That procaine, xylocaine, carbocaine or any other local anesthetic may be used, but not cocaine; (Revised: 12/9/91, 5/6/93)
(2) That only local or topical injections can be used (i.e., intravenous injections are not permitted); and
(3) That use is medically justified only when permitting the athlete to continue the competition without potential risk to his or
her health.

(c) Manipulation of Urine Samples. The Executive
Committee bans the use of substances and methods that alter the
integrity and/or validity of urine samples provided during NCAA drug testing.
Examples of banned methods are catheterization, urine substitution and/or tampering or modification of renal excretion by the
use of diuretics, probenecid, bromantan or related compounds, and
epitestosterone administration. (Revised: 8/15/89, 6/17/92, 7/22/97)

(d) Beta 2 Agonists. The use of beta 2 agonists is permitted
by inhalation only. (Adopted: 8/13/93)

(e) Additional Analysis. Drug screening for select nonbanned
substances may be conducted for nonpunitive purposes. (Revised: 8/15/89)